

⚠ Caution | Do not mark on the model and other components with pen nor leave printed materials contacted on surface.  
Ink marks on the models cannot be removed.

MW26

# Basic Patient Care Simulator “KEIKO”

## Instruction Manual



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## Manufacturer's note

"KEIKO" is a multi-purpose training manikin for teaching and learning hospital and community care procedures. The manikin can sit upright without support. Soft, life-like materials and seamless limbs provide realistic hands-on training.

### Attention

This basic patient care simulator "KEIKO" has been developed for the training of medical and para-medical professionals only. Any other use, or any use not in accordance with the enclosed instructions, is strongly discouraged. The manufacturer cannot be held responsible for any accident or damage resulting from such use. Please use this model carefully and refrain from subjecting to any unnecessary stress or wear.

### Features

- Basic daily care to the patient can be demonstrate with the whole body manikin.  
Oral care • Pressure sores care • Body positioning • Perineal care and etc.
- As medical care, oral airway suction can be trained and tube handling for nasal and tracheotomy suction as well.
- Whole body manikin allows to train communication skills and appropriate handling of patient.
- Manikin can be set either male or female for various training senarios.
- The upper and lower bodies are separated so that easier to store and transfer.

## ⚠ DOs and DON'Ts

### DOs

- Handle the manikin and the components with care.
- Storage in a dark, cool space will help prevent the skin colours from fading.
- The manikin skin may be cleaned with a wet cloth, if necessary, using mildly soapy water or diluted detergent.

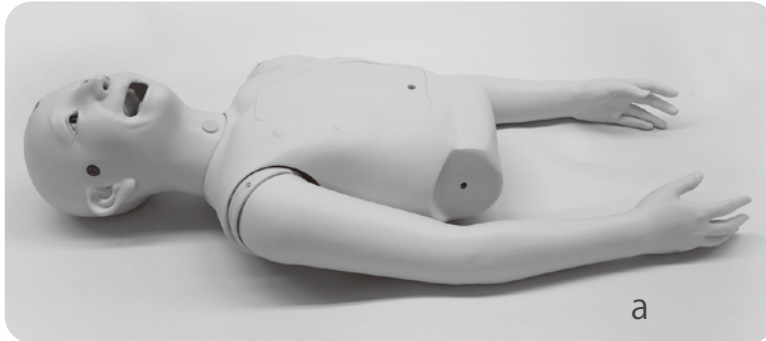
### DON'Ts

- Do not let ink from pens, newspapers, this manual or other sources contact with the manikin, as they cannot be cleaned off the manikin skin.
- Never use organic solvent like paint thinner to clean the skin, as this will damage the simulator.
- Even if color on its surface might be changed across the ages, this does not affect the quality of its performance.
- Do not leave the tapes or dressing materials onto the manikin as the adhesive may be left and the surface becomes sticky.

## Set includes

Before you start, ensure that you have all components listed below.

● Manikin

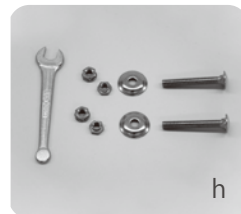
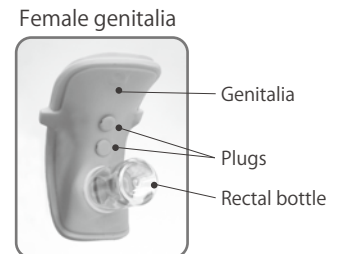


- Upper body**
- Head
  - Eyes
  - Plug for tracheotomy
  - Torso
  - Chest cover
  - Arms



- Lower body**
- Abdomen
  - Stoma
  - Female genitalia
  - Genitalia
  - 2 Plugs
  - Rectal bottle
  - Legs

● Parts

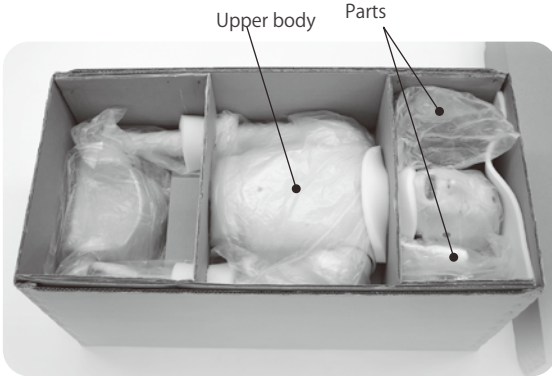


a. Upper body manikin.....	1	f. Male genitalia .....	1
b. Lower body manikin.....	1	g. Under pants .....	1
c. Wig .....	1	h. Assembly kit .....	1 set
d. Dentures .....	1	i. Lubricant for manikin .....	1
e. Oral cover .....	1	Instruction manual	

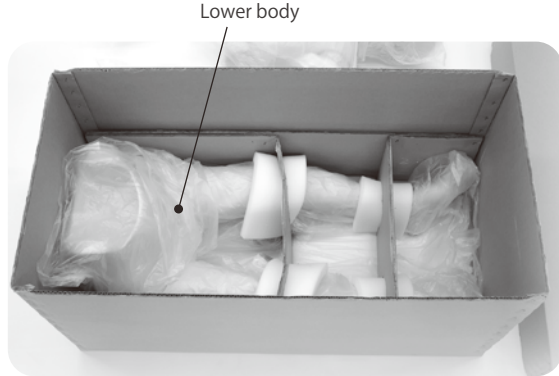
## 1 Unpacking

1. Start unpacking in a large space.  
Remove the partitions to take out the upper body and parts.

Top of the box



Bottom of the box



2. Lower body is in bottom of the box. Remove the partitions to take it out.

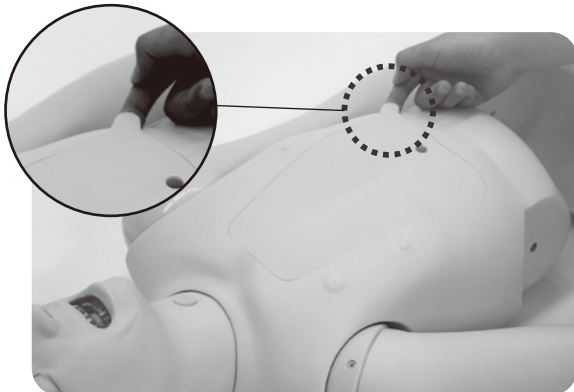


Handle with care when transfer the manikins.  
Keep the packing partitions for storing.



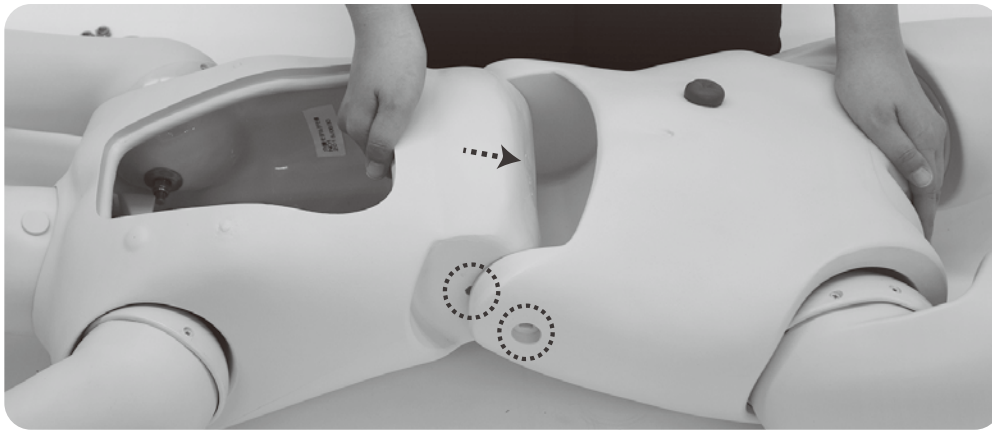
## 2 Assembly

1. Assemble the upper and lower bodies.  
① Open the chest cover by pulling the tab.

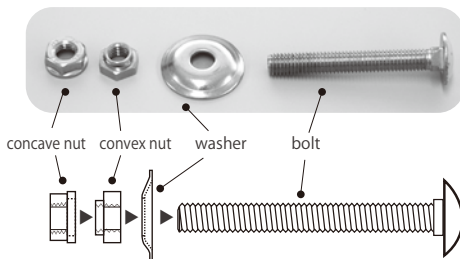


## 2 Assembly

- ② Raise the both arms to assemble the bodies.  
Insert the upper body to the lower body until the bolt-holes overlap each other.



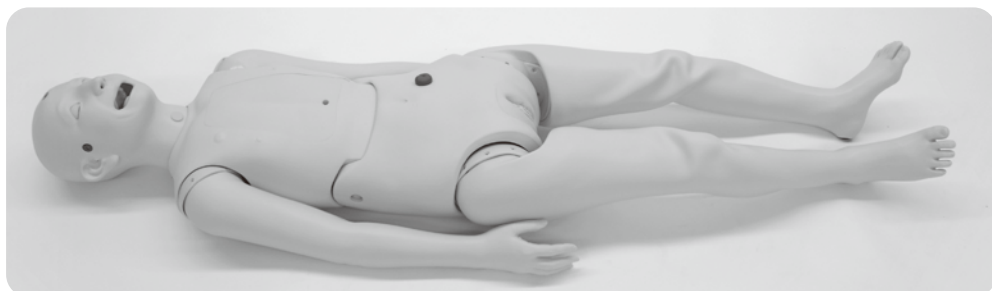
2. Insert the bolt to the hole from the outside and set the washer from the inside.  
Fix them with 2 kinds of nuts. First screw the convex nut to then screw concave nut to the bolt.  
Tighten the concave nut with the screw wrench which is included the assembly set.



● Completed



.....  
Stop tightening when the bolt and nuts twist together to avoid breakage of bolt-hole of the manikin.



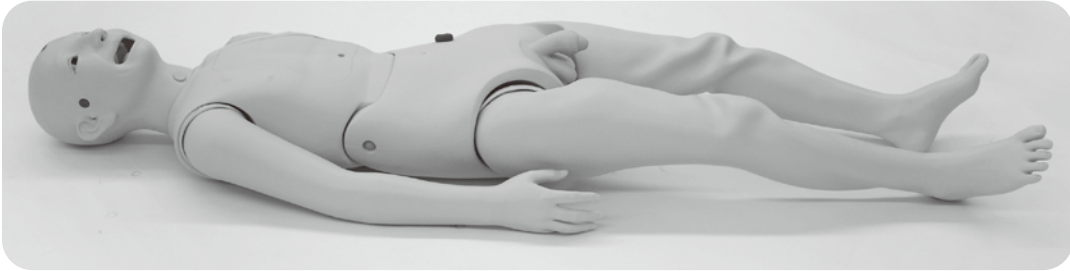
### 1 Male and female setting

Manikin can be set either male or female for various training scenarios.

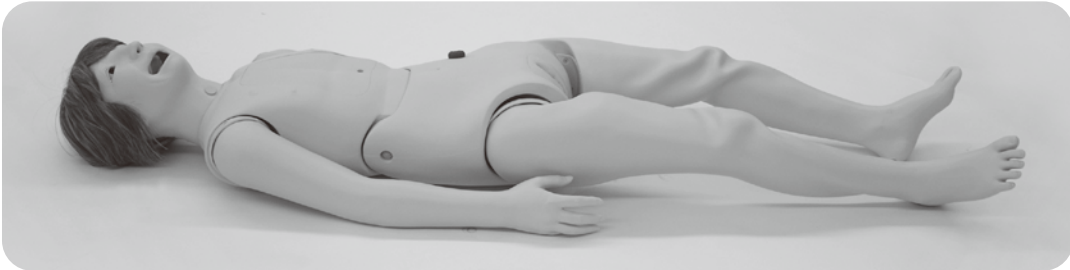
Male : with the male genitalia and without the wig

Female : with the female genitalia and the wig

#### ● Male



#### ● Female



### 2 Setting of the wig

The wig set by the magnets at the forehead and in front of right and left ears.

《Setting the wig》

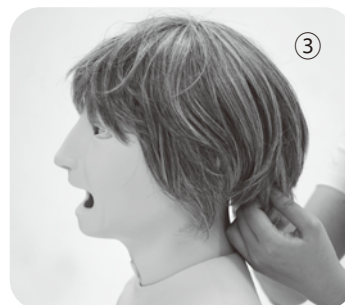
① Put on the wig on to the head in correct direction then fix it at the magnet at the forehead.



② Fix the wig with the magnet in front of right and left ears.



③ Adjust the wig to fit well on the head.



④ Completed.



### 2 Setting of the wig

《Taking off the wig》

- ① Take off the magnet in front of the ears.
- ② Take off the magnet of the forehead and slip the wig to the backside.



《Maintenance》

Store the wig by following steps.

- ① Brush the wig after use.
- ② Insert the balled-up papers avoid losing its shape.
- ③ Roll the tips of hairs inside by hands.
- ④ Store the wig in the bag.

### 3 Replacing the genitals

1. Removing the female genitalia.

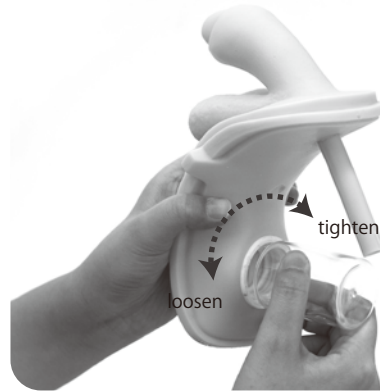
- ① Pull out the upper side of the female genitalia by the finger.
- ② Hold the genitalia with both hands and slide it up to remove from the lower body.



### 3 Replacing the genitals

#### 2. Rectal bottle

Make sure the rectal bottle is firmly tighten.



#### 3. Setting the male genitalia

① Slide the genitalia down the lower body.



② Set the tabs of genitalia to the slit of the lower body.



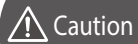
③ Set the edge of the upper genitalia to the lower body.





## 1 Body positioning, patient handling for postural drainage

Soft and life-like articulation allows realistic training of basic patient care like patient positioning and transfer, changing clothes and patient handling for postural drainage.



Caution

Avoid color migration to the manikin, choose the faint color pajama.  
Optional pajama is recommended to keep the manikin wear in long-term.

## 2 Bed and partial bathing

Training for bed bathing and partial bathing (hands and feet) is possible.

\*Whole body tub bathing is not possible.



## 3 Hair care

Use the optional wig for hair care. The wig is made of artificial hair and can be used for hair care training like shampooing, rinsing, brushing and blowing.

### 《Setting the wig》

Follow the instruction on P.5.

### 《Taking off the wig》

Follow the instruction on P.6.

### 《Maintenance》

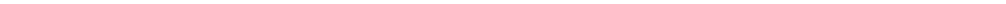
Do not leave the wig wet.

To avoid hairs of the wig getting tangled, maintain the wig by following instruction.

- ① Dry the wig well after shampooing then brush it. After dried, silicon spray can be used to avoid tangling of hairs.
- ② Take off the wig from the manikin and store it separately.



Caution



Do not brush strongly to avoid damaging the wig.  
Rinse the shampoo soon and not leave it on the wig for long time.  
Avoid direct sunlight or heat as they damage the wig.

### 1 Oral care

Whole body manikin allows oral care training in various patient situation.

- Brushing (with the denture or oral cover)
- Oral massage (without the denture and oral cover)
- Denture care (with the denture)
- Oral care for the patient with NG tube.

\*The oral cover can be used for the explanation of the oral care in the class.

For the training using water, pour the water little by little to the oral cover set to the manikin.



#### 《Setting of the oral cover》

① Apply the lubricant to the back side of the oral cover to insert it to the mouth smoothly.



② Fold the cover and insert it to the mouth.



③ Fit the cover in to the mouth.



#### 《Removing the oral cover》

① Remove the oral cover slowly by the fingers.



⚠ Caution

Oral cover can not be set when the dentures are set in the mouth.

⚠ Caution

Set the oral cover more than 5 minutes before the training as the oral cover may be easier to move during the training session by new lubricant.

Wash the oral cover with the soap or neutral detergent after removing from the manikin. Store the oral cover after naturally dried and avoid heat and humidity.

### 1 Oral care

#### 《Setting of the dentures》

Both upper and lower dentures are fixed to the gums by two pins at the center and left side. Insert the pins of dentures to the holes of the gums.



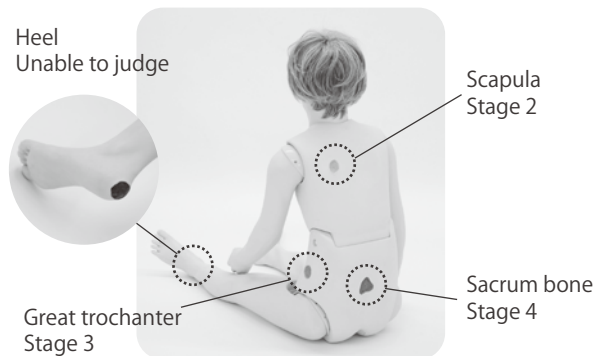
#### 《Detaching the dentures》

Pull downward to detach the upper denture and pull upward for the lower denture.

### 2 Pressure sores care

The realistic pressure sores on the manikin allows to explain the variation of pressure sores and typical places. The whole body manikin helps to train daily life caring for the patient care and how to clean and wrap the pressure sores.

- Body positioning
- Pressure sores care
- Changing diapers



Caution

Use water (not saline) for the training of cleaning pressure sores.

### 1 Perineal care

Anatomically correct genitals allow to train detail cleaning.

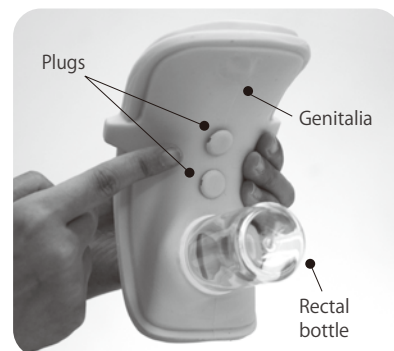
(Glans and foreskin of penis for male and labia majora for female)

Suitable for comprehensive training through changing clothes, perineal care and changing diapers.



#### «Preparation»

Make sure the rectal bottle is firmly tighten. For female genitalia, make sure the 2 plugs are set to avoid water coming into the inside of manikin.

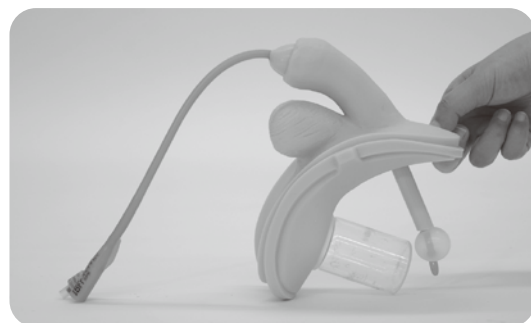


#### «Storing»

Take off the genitalia from the manikin then take off the rectal bottle from the genitalia. Wash the genitalia and rectal bottle with water then dry them well before storing.

### 2 Urinal catheter insertion

Body positioning, catheter insertion and the daily support to the patient who has an indwelling catheter.



### 2 Urinal catheter insertion

#### «Preparation»

Take off the plugs of genitalia for the training of female catheterization.  
Apply the included lubricant to the catheter to insert it smoothly.



#### «Storing»

Remove the catheter after the training.  
Set the plugs to the female genitalia then store it.



.....  
\*Recommended catheter size: Male 16Fr, Female 14 Fr for indwelling catheter  
8-12Fr for intermittent catheter

Use the included lubricant. Jelly or other lubricant may leave in the genitalia and cause defect inside.  
Use water for sterilization training instead of real antiseptic solution.

### 3 Enema

#### Body positioning and enema training



Apply the included lubricant to insert the enema syringe.

#### «Preparation»

Insert tissues to the rectal bottle to absorb enema solution. Set the rectal bottle to the genitalia then set it to the manikin for the training. Use 30mL enema syringe and replace the tissue in each injection.



#### «Storing»

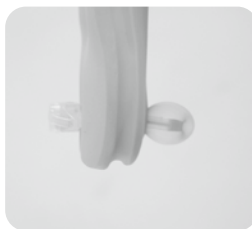
Remove the tissue from the rectal bottle. Clean the genitalia and rectal bottle.  
After the parts are dried, set the rectal bottle to the genitalia and store them.



.....  
Use the included lubricant. Jelly or other lubricant may leave in the genitalia and cause defect inside.

### 1 Tube insertion for feeding

Feeding procedure can be trained by inserting feeding catheter to nasal and oral way and PEG. Catheter can be secured by tapes. Real formula or water can not be injected.



Chest cover can be removed from the body to explain the PEG catheter placement. PEG care can be trained.

#### «Preparation»

Apply the included lubricant to the catheter and nasal way to insert the catheter smoothly.



Insert the PEG catheter to the PEG hole. Inflate the balloon to secure the catheter.



#### «After training»

Remove the catheter and tapes used for securing the catheter.



Recommended catheter size: 12-14Fr for oral and nasal way, 20Fr for PEG  
Use the included lubricant. Jelly or other lubricant may leave in the genitalia and cause defect inside.

### 1 Airway suction (oral), Tube handling for airway suction (nasal and tracheotomy)

Simulated sputum in the mouth can be suctioned by using oral cover.

\*Simulated sputum is an optional part.

Tube handling for airway suction can be demonstrated for nasal way and tracheotomy.



Do not inject liquid to nasal way and tracheotomy.

Catheter placement can be observed by opening the chest cover.



Tracheotomy care



#### 《Preparation》

##### 1. Setting of the oral cover

① Apply the lubricant to the back side of the oral cover to insert it to the mouth smoothly.



② Fold the cover and insert it to the mouth.



③ Fit the cover in to the mouth.



##### 2. Injecting the simulated sputum



Inject the simulated sputum by syringe little by little.



Oral cover can not be set when the dentures are set in the mouth.



### 1 Airway suction (oral), Tube handling for airway suction (nasal and tracheotomy)

#### 3. Setting of tracheotomy tube

① Take off the plug for tracheotomy.



② Apply the included lubricant to the tracheotomy tube then insert it to the hole.



③ Secure the tracheotomy tube.



\*Recommended tracheotomy tube is optional part.

#### 《After training》

##### 1. Removing the oral cover

① Remove the oral cover slowly by the fingers.



#### ⚠ Caution

Set the oral cover more than 5 minutes before the training as the oral cover may be easier to move during the training session by new lubricant.

Wash the oral cover with the soap or neutral detergent after removing from the manikin. Store the oral cover after naturally dried and avoid heat and humidity.

##### 2. Removing the tracheotomy tube

① Remove the tracheotomy tube.



② Set the plug to the tracheotomy hole.



### 1 Suppository insertion

Use the optional simulated suppository to train suppository insertion.



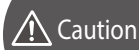
#### «Preparation»

1. Make sure the rectal bottle is firmly tighten.
2. Use the included lubricant onto the hand and simulated suppository for the training. Simulated suppositories come in the rectal bottle when the procedure is successful.



#### «After training»

1. Remove the rectal bottle from the genitalia. Clean the rectal bottle, simulated suppositories and the genitalia. Store them after naturally dried.



Caution

Use the included lubricant. Jelly or other lubricant may leave in the genitalia and cause defect inside.

### 2 Stoma care

Stoma care includes changing ostomy pouch is available.  
Using simulated feces allows more realistic training.



Caution

Simulated feces get hard when it dried.  
Store in the bag or sealed case.  
Simulated feces can be soften by adding some water for reuse.



### 1 Oxygen inhalation

An oxygen mask or an nasal cannula can be set to the manikin to simulate oxygen inhalation.



### 2 CV port care

Basic care to the patient with CV port can be trained.

- Changing tapes
- Bathing or cleaning



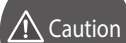
#### 《Preparation》

There is the needle hole to insert a Huber needle.  
Use 20G or 22G Huber needle for the manikin.  
Can be secured by tapes.



#### 《After training》

Remove the needle and tapes after the training.



Caution

Do not mark by pens to the tapes or dressing material. Ink may transfer to the model and it is removable.

Use water for sterilization training instead of real antiseptic solution.

### 1 Postmortem care

Closing the eyelids and filling cotton into ears, eyes and the anus is possible.

«Closing the eyelids»

Pull the edge of the eyelid downward.

«Opening the eyelids»

Pull the edge of the eyelid upward.




⚠ Caution

Do not fill cotton too much into ears, eyes and the anus.

### 1 Dismantling the manikin

1. Open the chest cover and take off the bolts both side.

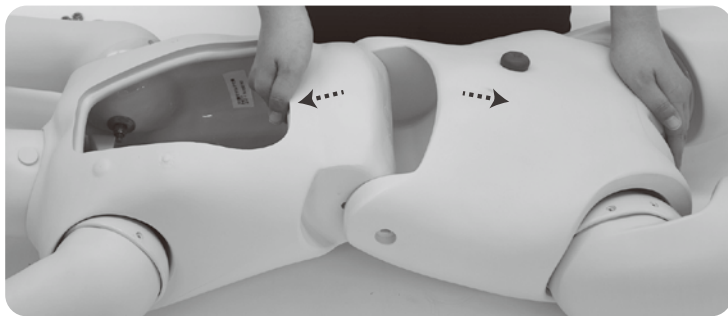
Loosen the 2 kinds of nuts by using the included screw wrench to take off the bolts from the manikin.

 Caution

Keep the assembly kit carefully not to miss the parts.



2. Separate the upper and lower body.




### 2 Storing

1. Wrap the lower body by the plastic sheet then store it to the bottom of the box. Insert the cushion under the knees.

2. Fix the lower body with the partitions.



 Caution

Cover the manikin with the plastic sheet when store in the cardboard box to avoid making the stains to the box by the ingredients of the manikin resin.

## 2 Storing

3. Set the partition.



4. Cover the head and arms with the included plastic bags. Put the plastic sheet on the box and store the upper body.



5. Wrap the upper body with the plastic sheet.



6. Set the partitions then store the parts in the plastic bag both side of the head.



Caution

Do not store the wig set on the manikin head. Store it in the plastic bag separately.



## Caution

Don't mark on the model and other components with pen or leave printed materials contacted on their surface.  
Ink marks on the models will be irremovable.

### Consumable parts

code	name
11405-010	Female genitalia
11405-020	Male genitalia
11401-080	Denture
11229-060	Oral cover for suction
11229-050	Lubricant



Female genitalia



Male genitalia



Denture



Oral cover for suction



Lubricant

### Optional parts

code	name
11404-030	Wig for hair care
11405-030	Pajama
12746-020	Tracheotomy tube II
11251-320	Simulated suppository set
11405-040	Simulated feces
11229-070	Simulated sputum



Wig for hair care



Pajama



Tracheotomy tube II



Simulated suppository set



Simulated feces



Simulated sputum

For inquiries and service, please contact your distributor or KYOTO KAGAKU CO., LTD.

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